



Super-Speed Zoom Ball

Collect:

- Plastic bottles of similar size (2)
- 12' of utility rope, paracorde, or other thick string
- Scissors
- Duct tape

Build it!

1. Use scissors to cut off the bottoms of the plastic bottles. Recycle the bottle bottoms.
2. Use duct tape to attach the two plastic bottles. The mouths of the bottles should be facing opposite directions.
3. Cut the rope in half to create two 6' sections. Feed both lengths of rope through the bottles so that the bottle looks like a large bead strung on two lengths of rope.

Optional: Make loops at the ends of each string to give the players a better grip to hold on to.

Play!

1. Take hold of one end of the ropes and hand the other end to a friend. Stand apart from one another and hold the ropes firmly with your hands in close, parallel fists.
2. Whoever is standing closer to the bottle will start by quickly pulling their hands wide. This should send the bottle zooming toward the other person. The person on the receiving end should then pull their hands wide and send it back. When one person's hands are wide, the other will have their hands close.
3. Continue playing, back-and-forth, by alternating who pulls their hands wide and who has their hands close.

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