

Recycled Paper Seed Cookies

Celebrate Earth Day by making some fun and colorful seed cookies! It's a great way to recycle your used paper and plant new life outside that can contribute to the well being of the ecosystem.



Materials:

- Used paper
- Blender
- Water
- Seeds of flowering plants (Try using seeds of native plants, or that will support a population of pollinators such as bees and butterflies)
- Cookie cutter
- Absorbent paper
- Strainer



Prepare your paper!

1. Cut or shred paper
2. Soak paper in water for several hours
3. Add food coloring if desired
4. Using a food processor or blender, process the soaked paper and water
5. Drain the excess water from the pulp with a strainer



Make your cookies!

6. Lay the cookie cutter on an absorbent paper
7. Fill a cookie cutter with the pulp of paper
8. Sprinkle with seeds
9. With a spatula, move the cookie cutter with pulp to a new towel or absorbent paper
10. Let it dry for 24 hours or more
11. Remove it from the cookie cutter and plant it!

Let's science

